



Training Opportunities April-June 2024

The TFI Family Services Training Department is pleased to present a quarterly list of exciting and informative trainings. Please share the list with any current or potential foster or adoptive parents or child welfare professionals who may be interested in attending.

All trainings are virtual, unless otherwise specified in the training description.

Training Enrollment

Kansas

TFI/MNS staff members should enroll through the agency learning management system, as well as through the Kansas Children's Alliance site. Foster/adoptive parents and other child welfare professionals should enroll through the Kansas Children's Alliance website at learn.childdaily.org/account/login. A free account is required to enroll on the CA site. If you do not have an account, please select the "Create Account" option on their training page. When prompted for a code, use **learn**. You will receive an automated e-mail confirming your enrollment, as well as the link and additional information for the training(s) you have selected.

Other States

TFI/MNS staff members should enroll through the agency learning management system. Foster/adoptive parents and other child welfare professionals located outside of Kansas should enroll through the MNS EventBrite site. To sign up for a free training go to <https://mnstraining.eventbrite.com>. Once you have selected the class(es) you want, enter **TFI** as the promotional code at checkout. You will receive an automated e-mail confirming your enrollment. A separate e-mail will be sent from the trainer with your login information approximately 24 hours prior to the start time.

*****Cameras are required during all virtual trainings.*****

If you do not receive the link to your class by the morning of the training, or you have any questions or concerns, please e-mail our Training Department at KSPTStaff@tfifamily.org.



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LIVE WEBINAR TRAININGS

ACE (Adverse Childhood Experiences)

Participants will learn about the ACE study and the examined long-term impacts of various childhood traumatic experiences. This study found long term mental and physical consequences related to 2 or more adverse experiences. They will also learn more about the ACE study and how to help children navigate trauma in a proactive and healing way.

- *April 24, 2024* *11:30 am-1:00pm* *Trainer: Kayla Patton*
- *June 4, 2024* *12:30pm-2:00pm* *Trainer: Renee Lilley*

Aggressive Behaviors: Understanding and Managing

This training will help the audience to understand aggressive behaviors and anger in children; understand underlying issues that can cause aggressive behaviors; help the audience to recognize the aggression process in a child and identify ways to work with the child through that process; provide crisis intervention/management, parenting strategies, and techniques to help with aggressive children, as well as, all other children; and provide information on different forms of discipline and its role in teaching children to become self-disciplined and make healthy choices.

- *May 15, 2024* *11:00am-12:00pm* *Trainer: Kayla Patton*
- *June 18, 2024* *12:00pm-1:00pm* *Trainer: Renee Lilley*

Attachment, Separation, Grief, and Loss

This training will identify the challenges of facing attachment, separation, grief, and loss due to the transitional nature of caring for foster children; examine the different attachment styles; assist foster parents in cultivating their abilities to be thoughtful and responsive to their foster child's needs; and identify coping skills and strategies for foster parents and children as they progress toward the formation of more healthy and secure attachments. Participants will also explore the 5 stages of grief, with examples of how they may be expressed in the foster care system; will gain knowledge in preventative measures; and will identify coping skills and resilience factors to manage grief and loss.

- *May 2, 2024* *10:00am-11:30am* *Trainer: Kayla Patton*



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Caring For Teens

This training will help you as a parent understand your teenager's experiences and needs so that you can respond with practical strategies that foster healthy development. These strategies include approaches that acknowledge trauma and loss, support effective communication, promote a teen's independence, and address behavior and mental health concerns. Participants will also learn six key steps to prepare for taking in teenagers.

- *May 4, 2024* *9:00am-10:00am* *Trainer: Kayla Patton*
- *June 4, 2024* *11:00am-12:00pm* *Trainer: Renee Lilley*

Compassion Fatigue (in-person)

This training will be for care givers and the weight of others issues be it mental health or physical health and how it can affect us if we aren't careful.

(This in-person training will be held at Crossroads United Methodist Church, 101 Gilman Rd, Lansing, KS. Childcare will be provided.)

- *May 23, 2024* *6:00pm-8:00pm* *Trainer: Libby Hayden*

Compassion Fatigue and Secondary Stress

Participants will learn to recognize the difference between burn out, compassion fatigue and secondary traumatic stress.

- *April 24, 2024* *12:00pm-1:30pm* *Trainer: Renee Lilley*

Crisis Intervention and Verbal De-Escalation

Participants will be able to understand that behavior has meaning, identify crisis behavior, and differentiate between typical misbehavior and a crisis. Attendees will learn the stages of crisis and interventions that can be used during a crisis, as well as gain knowledge in de-escalation techniques.

- *May 7, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley*



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Cultural Competency

This training will go over disparities and disproportionality among specific populations of children in child welfare. We will define what culture is and the important part it plays in the foster care system. Participants will be able to understand how cultural factors influence how children may identify, interpret, and respond to traumatic events. Tools and tips will be discussed on bringing cultural awareness to professionals and caregivers.

- *April 17, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley*

Domestic Violence and Child Development

Participants will leave this training with a clear understanding of domestic violence; what constitutes domestic violence, statistics concerning victims of domestic violence, and the cycle of domestic violence. Participants will also be provided with information concerning the impact of domestic violence on children and child development, including the possibility of children exposed to domestic violence growing to become perpetrators and victims of domestic violence in adulthood.

- *May 14, 2024* *12:30pm-1:30pm* *Trainer: Renee Lilley*
- *June 1, 2024* *9:00am-10:00am* *Trainer: Kayla Patton*

Domestic Violence In Teen Dating

Participants will be able to define dating, learn various risk factors of domestic violence in teen dating, identify types of violence teens encounter through dating, gain understanding of the long-term effects of violence on teens, and acquire prevention strategies to reduce domestic violence in teen dating.

- *April 6, 2024* *9:00am-10:00am* *Trainer: Kayla Patton*
- *June 25, 2024* *12:30pm-1:30pm* *Trainer: Renee Lilley*





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Education and Foster Care (Kansas only)

Participants will be educated on navigating the Kansas education system as they serve foster care youth in Kansas. Participants will learn about the roles that the Education Specialist, case teams, biological parents, and foster parents play in supporting our foster care youths' education. Participants will also learn about the Educational Advocate, Special Education, and Early Childhood Intervention processes.

- April 17, 2024 1:00pm-2:00pm Trainer: Kayla Patton
- June 13, 2024 11:00am-12:00pm Trainer: Kayla Patton

Emotional Resilience

Participants will recognize the effects of stress and define Emotional Resilience. Additionally, learners will be able to identify attitudes of resilience and how resilience works. Much of the presentation focuses on learning the keys to increasing emotional intelligence, as well as pinpointing strategies to teach resilience to children. Finally, learners will acquire resilience and make a lasting change.

- May 22, 2024 11:00am-1:00pm Trainer: Renee Lilley

Food Insecurities In Children

Participants will be able to define food insecurity, define and identify food insecurity behaviors in children, learn contributing factors that lead to food insecurity, and learn interventions and strategies to reduce food insecurity behaviors.

- April 9, 2024 7:00pm-8:00pm Trainer: Kayla Patton
- May 20, 2024 6:00pm-7:00pm Trainer: Renee Lilley
- June 25, 2024 7:00pm-8:00pm Trainer: Kayla Patton

Identifying Learning Strengths In Children

Participants will understand the 3 main types of learning styles (Visual, Auditory and Kinesthetic) and acquire strategies to use with each type of strength to make learning easier.

- April 18, 2024 11:00am-12:00pm Trainer: Renee Lilley
- June 25, 2024 1:30pm-2:30pm Trainer: Kayla Patton



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Improving Foster Placement Stability

Participants will be able to define disruption and learn factors that contribute to disruptions in foster care. Participants will gain an understanding in why disruptions occur and be able to recognize the stages of disruption. Finally, participants will learn ways to prevent disruptions and strategies to improve placement stability.

- April 25, 2024 1:00pm-2:00pm Trainer: Kayla Patton
- May 29, 2024 11:00am-12:00pm Trainer: Renee Lilley
- June 18, 2024 1:00pm-2:00pm Trainer: Kayla Patton

Internet Safety

Participants will learn tips to help keep children and families safe while using social media. Different types of media usage will be discussed as well as how to talk to older children and teens about safe practices. Different types of resources and tools are given to help caregivers safeguard against the dangers of the internet.

- May 28, 2024 7:00pm-8:00pm Trainer: Kayla Patton

Lean In, Pay Attention, and Remember To Say Thank You (in-person)

This is all about taking care of ourselves and a lot about gratitude. Let's talk simple mindfulness and just catching our breath. Join us for a relaxing and a few easy tips to relieve some stress and make time to be grateful. (This in-person training will be held at Crossroads United Methodist Church, 101 Gilman Rd, Lansing, KS. Childcare will be provided.)

- April 25, 2024 6:00pm-8:00pm Trainer: Libby Hayden

LGBTQ Youth In Care

This training gives participants the opportunity to gain understanding into the importance of working effectively with LGBTQ youth and to build knowledge in the basic facts about the LGBTQ youth and the issues they face. Participants will be able to identify best practices to utilize in congregate care and foster care to support LGBTQ youth.

- April 2, 2024 12:00pm-1:30pm Trainer: Renee Lilley



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Mental Health Basics

Participants will be able to identify stigma and/or assumptions about mental illness diagnosis; understand basic mental health diagnosis, symptoms, and common treatments; and learn how to apply strategies and coping skills to manage behavior and symptoms.

- April 4, 2024 11:30am-1:00pm Trainer: Renee Lilley

Partnering For A Successful Court Process (Kansas only)

This training will teach foster parents what to expect during the court process while in foster care.

- April 16, 2024 7:00pm-8:00pm Trainer: Kayla Patton
- June 18, 2024 7:00pm-8:00pm Trainer: Kayla Patton

Personality: Remembered Myths and Forgotten Realities (in-person)

This training will discuss when your child's personality is set. There are many myths about age range that this happens and then there are also some realities that we put off to the side that we need to remember.

(This in-person training will be held at Crossroads United Methodist Church, 101 Gilman Rd, Lansing, KS. Childcare will be provided.)

- June 27, 2024 6:00pm-8:00pm Trainer: Libby Hayden

Preparing Foster Children For Independent Living

This training will provide participants with information about supporting foster children as they prepare to age out of the foster care system. Participants will be provided with the knowledge they need to understand the child's transition plan and how to effectively support them in completing tasks outlined in the plan. Participants will also gain knowledge about supportive resources to help children successfully transition from foster care to adulthood.

- May 2, 2024 1:00pm-2:30pm Trainer: Kayla Patton



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Preventing Youth Suicide (in-person)

This course will talk about signs to look for, questions to ask, statistics and what we can do to help our youth know that someone is always available. Come join us for this conversation and learn what we can do to help. *(This in-person training will be held at Crossroads United Methodist Church, 101 Gilman Rd, Lansing, KS. Childcare will be provided.)*

- April 11, 2024 6:00pm-8:00pm Trainer: Libby Hayden

Prevention of Peer-To-Peer Abuse

Participants will learn the essentials of preventing peer-to-peer abuse; how, when and where peer-to-peer abuse occurs; gain understanding on how adults contribute to the risks; which behavioral warning signs to watch for; how to distinguish between sexual curiosity and sexual abuse; acquire skills on how to detect and prevent peer-to-peer abuse; the importance of educating youth, staff, caregivers and volunteers on the scope of the sexual abuse problem; and how to detect and prevent peer-to-peer abuse.

- April 18, 2024 1:00pm-2:30pm Trainer: Kayla Patton
- June 13, 2024 1:00pm-2:30pm Trainer: Kayla Patton

PTSD In Children and Teens

Participants will be able to define PTSD as it pertains to children and teens. Additionally, participants will gain understanding into the events that lead to PTSD in children and be able to identify the signs and symptoms of this diagnosis. Risk factors and protective factors that may influence a child's likelihood of experiencing PTSD will be identified. Participants will be able to recognize the various ways PTSD can affect children and teens and acquire skills in responding to a child's PTSD reaction. Finally, participants will learn ways to treat and prevent PTSD in children.

- April 8, 2024 6:00pm-7:00pm Trainer: Renee Lilley
- June 20, 2024 11:30am-12:30pm Trainer: Kayla Patton





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Recognizing and Reporting Child Abuse and Neglect (virtual)

The focus of this training will cover the definitions and types of abuse and neglect. We'll review the signs and symptoms of abuse and neglect as well as mandated reporting. This training includes protective factors to minimize risks and improve resilience in children.

- *May 29, 2024* *1:00pm-3:00pm* *Trainer: Kayla Patton*

Recognizing and Reporting Child Abuse and Neglect (in-person)

We will talk about the signs and symptoms of abuse and neglect and when and who to make that call. *(This in-person training will be held at Crossroads United Methodist Church, 101 Gilman Rd, Lansing, KS. Childcare will be provided.)*

- *June 13, 2024* *6:00pm-8:00pm* *Trainer: Libby Hayden*

Runaway Behaviors

Learning Objectives: • Identify the occurrence of runaway behaviors • Learn about the risk factors and predictors of runaway behaviors • Gain understanding into why runaway behaviors are an option to at risk youth • Learn coping strategies that providers can teach youth as proactive measures to prevent runaway behaviors.

- *June 19, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley*

Safe Sleep For Caregivers

The goal of safe sleep training is to prepare parents, foster parents, and caregivers about safe infant sleep practices.

- *May 28, 2024* *1:00pm-2:00pm* *Trainer: Renee Lilley*
- *June 24, 2024* *6:00pm-7:00pm* *Trainer: Renee Lilley*

Sexting

This training will provide participants with information about sexting including statistics, legal concerns, cell phone contracts, and suggestions on ways to minimize concern.

- *May 14, 2024* *7:00pm-8:00pm* *Trainer: Kayla Patton*



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TRAINER BIOGRAPHIES

Renee Lilly is a Training Specialist in Area 8 out of the Wichita, KS office for TFI Family Services. Renee holds a B.S. in Psychology with an emphasis in Child Development from Wichita State University. Renee has 15 years of expertise training in Child Welfare and Child Development. She has experience as a Foster Care worker and has worked in Parent Education, Kinship care, and Child Care Resource and Referral. She is also a certified MAPP/DT instructor and certified Safe Sleep instructor through the KIDS Network.

Kayla Patton is a Training Specialist in Area 4 out of the Independence, KS office for TFI Family Services. Kayla holds a B.S. in Social Work with a minor in Gender, Women, and Sexualities Studies. She is additionally a Licensed Social Worker. Kayla has 7 years of experience working for Child Welfare including experience in Reintegration Case Management, Foster Care Homes, Kinship, and Recruitment. Kayla also has 2 years of experience in Mental Health, and is a CPR/First Aid instructor, as well as a MAPP/DT certified instructor.

Libby Hayden is the Administrative Training Specialist for all TFI programs and is based out of Overland Park. She has over 35 years working in child welfare and mental health services. Libby is best known for her experience in recruiting and developing foster families. She is a Certified MAPP and Deciding Together Leader who has helped numerous foster/adoptive families make an informed decision about parenting children who have experienced trauma. In her current role as training specialist, Libby has created and delivered trainings around best practice for workers. She brings energy and passion to all the topics she teaches. When she is not teaching, you will find her mentoring peers, helping others in the agency or co-leading the TQI Quality and Innovation group.

Kyleen Condon is a Permanency Supervisor in Area 8 out of the Wichita, KS office for TFI Family Services. Kyleen holds a B.A. Social Work and a B.A. in Psychology. She additionally is a Licensed Social Worker. Kyleen has 10 years of child welfare experience between working at the Department of Children and Families, and with the State Reintegration Contract. Kyleen has an immense passion for working with victims of Human Trafficking and carried a Human Trafficking case load in her time as a Reintegration Social Worker. Kyleen continues to serve this population while at TFI as a member of their Rapid Response Team that partners with DCF and law enforcement to complete Human Trafficking Assessments on youth that are at risk for victimization.

Lee Creed is a Training Specialist in Area 8 out of Wellington, KS office for TFI Family Services. Lee has 5 years of experience working in child welfare, including time at a Qualified Residential Treatment facility and Case Management experience. Additionally, Lee has proudly adopted 4 siblings from foster care.



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