



Training Opportunities January-March 2024

The TFI Family Services Training Department is pleased to present a quarterly list of exciting and informative virtual live trainings. Please share the list with any current or potential foster or adoptive parents or child welfare professionals who may be interested in attending.

Training Enrollment

Kansas

TFI/MNS staff members should enroll through the agency learning management system, as well as through the Kansas Children's Alliance site. Foster/adoptive parents and other child welfare professionals should enroll through the Kansas Children's Alliance website at learn.childdally.org/account/login. A free account is required to enroll on the CA site. If you do not have an account, please select the "Create Account" option on their training page. When prompted for a code, use **learn**. You will receive an automated e-mail confirming your enrollment, as well as the link and additional information for the training(s) you have selected.

Other States

TFI/MNS staff members should enroll through the agency learning management system. Foster/adoptive parents and other child welfare professionals located outside of Kansas should enroll through the MNS EventBrite site. To sign up for a free training go to <https://mnstraining.eventbrite.com>. Once you have selected the class(es) you want, enter **TFI** as the promotional code at checkout. You will receive an automated e-mail confirming your enrollment. A separate e-mail will be sent from the trainer with your login information approximately 24 hours prior to the start time.

PLEASE NOTE: Cameras are required during all trainings.

If you do not receive the link to your class by the morning of the training, or you have any questions or concerns, please e-mail our Training Department at KSPTStaff@tfifamily.org.



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LIVE WEBINAR TRAININGS

Abusive Head Trauma

Participants will learn about the warning signs which lead up to Shaken Baby Syndrome and how to care for children placed in foster care who suffer from abusive head trauma.

- *January 11, 2024* *1:00pm-2:00pm* *Trainer: Kayla Patton* *CA # 8704*
- *March 27, 2024* *12:30pm-1:30pm* *Trainer: Renee Lilley* *CA # 8824*

ACE (Adverse Childhood Experiences)

Participants will learn about the ACE study and the examined long-term impacts of various childhood traumatic experiences. This study found long term mental and physical consequences related to 2 or more adverse experiences. They will also learn more about the ACE study and how to help children navigate trauma in a proactive and healing way.

- *January 12, 2024* *10:30 am-12:00pm* *Trainer: Kayla Patton* *CA # 8706*
- *March 20, 2024* *11:30am-1:00pm* *Trainer: Renee Lilley* *CA # 8818*

Aggressive Behaviors: Understanding and Managing

This training will help the audience to understand aggressive behaviors and anger in children; understand underlying issues that can cause aggressive behaviors; help the audience to recognize the aggression process in a child and identify ways to work with the child through that process; provide crisis intervention/management, parenting strategies, and techniques to help with aggressive children, as well as, all other children; and provide information on different forms of discipline and its role in teaching children to become self-disciplined and make healthy choices.

- *February 28, 2024* *1:00pm-2:00pm* *Trainer: Kayla Patton* *CA # 8783*



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Attachment, Separation, Grief, and Loss

This training will identify the challenges of facing attachment, separation, grief, and loss due to the transitional nature of caring for foster children; examine the different attachment styles; assist foster parents in cultivating their abilities to be thoughtful and responsive to their foster child's needs; and identify coping skills and strategies for foster parents and children as they progress toward the formation of more healthy and secure attachments. Participants will also explore the 5 stages of grief, with examples of how they may be expressed in the foster care system; will gain knowledge in preventative measures; and will identify coping skills and resilience factors to manage grief and loss.

- *January 4, 2024* *10:30am-12:00pm* *Trainer: Kayla Patton* *CA # 8692*
- *March 20, 2024* *1:00pm-2:30pm* *Trainer: Kayla Patton* *CA # 8816*

Caring For Teens

This training will help you as a parent understand your teenager's experiences and needs so that you can respond with practical strategies that foster healthy development. These strategies include approaches that acknowledge trauma and loss, support effective communication, promote a teen's independence, and address behavior and mental health concerns. Participants will also learn six key steps to prepare for taking in teenagers.

- *March 25, 2024* *12:00pm-1:00pm* *Trainer: Renee Lilley* *CA # 8823*

Compassion Fatigue and Secondary Stress

Participants will learn to recognize the difference between burn out, compassion fatigue and secondary traumatic stress.

- *February 13, 2024* *1:30pm-3:00pm* *Trainer: Kayla Patton* *CA # 8762*
- *March 5, 2024* *11:00am-12:30pm* *Trainer: Renee Lilley* *CA # 8790*



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Crisis Intervention and Verbal De-Escalation

Participants will be able to understand that behavior has meaning, identify crisis behavior, and differentiate between typical misbehavior and a crisis. Attendees will learn the stages of crisis and interventions that can be used during a crisis, as well as gain knowledge in de-escalation techniques.

- February 8, 2024 1:00pm-3:00pm Trainer: Kayla Patton CA # 8750
- February 20, 2024 11:00am-1:00pm Trainer: Renee Lilley CA # 8773

Domestic Violence and Child Development

Participants will leave this training with a clear understanding of domestic violence; what constitutes domestic violence, statistics concerning victims of domestic violence, and the cycle of domestic violence. Participants will also be provided with information concerning the impact of domestic violence on children and child development, including the possibility of children exposed to domestic violence growing to become perpetrators and victims of domestic violence in adulthood.

- January 3, 2024 12:30pm-1:30pm Trainer: Kayla Patton CA # 8690
- March 15, 2024 11:30am-12:30pm Trainer: Kayla Patton CA # 8809

Domestic Violence In Teen Dating

Participants will be able to define dating, learn various risk factors of domestic violence in teen dating, identify types of violence teens encounter through dating, gain understanding of the long-term effects of violence on teens, and acquire prevention strategies to reduce domestic violence in teen dating.

- February 7, 2024 11:00am-12:00pm Trainer: Renee Lilley CA # 8787
- February 27, 2024 11:00am-12:00pm Trainer: Kayla Patton CA # 8781



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Education and Foster Care (Kansas only)

Participants will be educated on navigating the Kansas education system as they serve foster care youth in Kansas. Participants will learn about the roles that the Education Specialist, case teams, biological parents, and foster parents play in supporting our foster care youths' education. Participants will also learn about the Educational Advocate, Special Education, and Early Childhood Intervention processes.

- February 20, 2024 2:00pm-3:00pm Trainer: Kayla Patton CA # 8771

Emotional Resilience

Participants will recognize the effects of stress and define Emotional Resilience. Additionally, learners will be able to identify attitudes of resilience and how resilience works. Much of the presentation focuses on learning the keys to increasing emotional intelligence, as well as pinpointing strategies to teach resilience to children. Finally, learners will acquire resilience and make a lasting change.

- January 30, 2024 10:00am-12:00pm Trainer: Renee Lilley CA # 8736
- February 28, 2024 12:00pm-2:00pm Trainer: Renee Lilley CA # 8784

Food Insecurities In Children

Participants will be able to define food insecurity, define and identify food insecurity behaviors in children, learn contributing factors that lead to food insecurity, and learn interventions and strategies to reduce food insecurity behaviors.

- January 24, 2024 12:30pm-1:30pm Trainer: Renee Lilley CA # 8727

Identifying Learning Strengths In Children

Participants will understand the 3 main types of learning styles (Visual, Auditory and Kinesthetic) and acquire strategies to use with each type of strength to make learning easier.

- January 10, 2024 11:30am-12:30pm Trainer: Renee Lilley CA # 8700



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Improving Foster Placement Stability

Participants will be able to define disruption and learn factors that contribute to disruptions in foster care. Participants will gain an understanding in why disruptions occur and be able to recognize the stages of disruption. Finally, participants will learn ways to prevent disruptions and strategies to improve placement stability.

- February 21, 2024 11:30am-12:30pm Trainer: Kayla Patton CA # 8774

Mental Health Basics

Participants will be able to identify stigma and/or assumptions about mental illness diagnosis; understand basic mental health diagnosis, symptoms, and common treatments; and learn how to apply strategies and coping skills to manage behavior and symptoms.

- March 6, 2024 11:00am-12:30pm Trainer: Renee Lilley CA # 8794

Parenting Children With Special Needs

Participants will gain an understanding of the most common types of special needs: physical, developmental, behavioral/emotional, and sensory impaired. Participants will understand the different approaches to being a parent with a special needs child, and will discuss parenting styles to understand the best style for a child.

- December 4, 2023 12:30pm-1:30pm Trainer: Renee Lilley CA # 8637

Partnering For A Successful Court Process (Kansas only)

This training will teach foster parents what to expect during the court process while in foster care.

- March 19, 2024 12:00pm-1:00pm Trainer: Remea Lilley CA # 8815



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Preparing Foster Children For Independent Living

This training will provide participants with information about supporting foster children as they prepare to age out of the foster care system. Participants will be provided with the knowledge they need to understand the child's transition plan and how to effectively support them in completing tasks outlined in the plan. Participants will also gain knowledge about supportive resources to help children successfully transition from foster care to adulthood.

- *January 2, 2024* *1:00pm-2:30pm* *Trainer: Kayla Patton* *CA # 8688*
- *March 14, 2024* *10:30am-12:00pm* *Trainer: Kayla Patton* *CA # 8804*

Prevention of Peer-To-Peer Abuse

Participants will learn the essentials of preventing peer-to-peer abuse; how, when and where peer-to-peer abuse occurs; gain understanding on how adults contribute to the risks; which behavioral warning signs to watch for; how to distinguish between sexual curiosity and sexual abuse; acquire skills on how to detect and prevent peer-to-peer abuse; the importance of educating youth, staff, caregivers and volunteers on the scope of the sexual abuse problem; and how to detect and prevent peer-to-peer abuse.

- *February 13, 2024* *10:30am-12:00pm* *Trainer: Kayla Patton* *CA # 8763*

PTSD In Children and Teens

Participants will be able to define PTSD as it pertains to children and teens. Additionally, participants will gain understanding into the events that lead to PTSD in children and be able to identify the signs and symptoms of this diagnosis. Risk factors and protective factors that may influence a child's likelihood of experiencing PTSD will be identified. Participants will be able to recognize the various ways PTSD can affect children and teens and acquire skills in responding to a child's PTSD reaction. Finally, participants will learn ways to treat and prevent PTSD in children.

- *February 6, 2024* *12:30pm-1:30pm* *Trainer: Renee Lilley* *CA # 8744*
- *March 29, 2024* *10:00am-11:00am* *Trainer: Kayla Patton* *CA # 8827*



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Recognizing and Reporting Child Abuse and Neglect

The focus of this training will cover the definitions and types of abuse and neglect. We'll review the signs and symptoms of abuse and neglect as well as mandated reporting. This training includes protective factors to minimize risks and improve resilience in children.

- *January 19, 2024* *10:00am-12:00pm* *Trainer: Kayla Patton* *CA # 8720*
- *February 8, 2024* *10:00am-12:00pm* *Trainer: Renee Lilley* *CA # 8753*

Runaway Behaviors

Learning Objectives: • Identify the occurrence of runaway behaviors • Learn about the risk factors and predictors of runaway behaviors • Gain understanding into why runaway behaviors are an option to at risk youth • Learn coping strategies that providers can teach youth as proactive measures to prevent runaway behaviors.

- *January 23, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 8723*

Safe Sleep For Caregivers

The goal of safe sleep training is to prepare parents, foster parents, and caregivers about safe infant sleep practices.

- *January 17, 2024* *12:30pm-1:30pm* *Trainer: Renee Lilley* *CA # 8716*
- *February 12, 2024* *12:30pm-1:30pm* *Trainer: Renee Lilley* *CA # 8760*

Self-Care For Foster Parents

The goal of this training is to provide foster parents with information regarding the importance of self-care. The training will provide foster parents with information on the problems that can arise from not caring for themselves. Foster parents will be provided with definitions and signs and symptoms for the conditions of stress, burnout, and secondary traumatic stress. Foster parents will be able to understand the need to watch for signs within themselves and how to develop a stress management plan, as well as other ways to combat stress, burnout, and secondary traumatic stress.

- *January 9, 2024* *12:00pm-1:00pm* *Trainer: Renee Lilley* *CA # 8698*



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Substance Abuse In Adolescents

This training will provide participants with information about substance abuse with an emphasis on adolescent usage. Participants will be provided with the knowledge needed to understand substance abuse, recognize the signs of use, understand the addiction, treatment, and recovery process, and be provided useful tips for assisting adolescence in making healthy choices and working through substance abuse problems.

- *February 14, 2024* *1:30pm-3:00pm* *Trainer: Kayla Patton* *CA # 8765*

Substance Abuse In Adults

This training will provide participants with information about adult substance abuse. Participants will be provided with the knowledge needed to understand substance abuse, recognize the signs of use, understand the addiction, treatment, and recovery process, and be provided useful tips for assisting in making healthy choices and working through substance abuse problems.

- *January 5, 2024* *10:30am-12:00pm* *Trainer: Kayla Patton* *CA # 8693*

Suicide Prevention and Intervention

This training will help participants distinguish between self-harming behaviors and suicide. Youth protective factors and risk factors will be examined, and discussion will focus on identifying and operationalizing prevention/intervention strategies for youth at risk.

- *February 27, 2024* *2:00pm-3:00pm* *Trainer: Kayla Patton* *CA # 8782*



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TRAINER BIOGRAPHIES

Renee Lilly is a Training Specialist in Area 8 out of the Wichita, KS office for TFI Family Services. Renee holds a B.S. in Psychology with an emphasis in Child Development from Wichita State University. Renee has 15 years of expertise training in Child Welfare and Child Development. She has experience as a Foster Care worker and has worked in Parent Education, Kinship care, and Child Care Resource and Referral. She is also a certified MAPP/DT instructor and certified Safe Sleep instructor through the KIDS Network.

Kayla Patton is a Training Specialist in Area 4 out of the Independence, KS office for TFI Family Services. Kayla holds a B.S in Social Work with a minor in Gender, Women, and Sexualities Studies. She is additionally a Licensed Social Worker. Kayla has 7 years of experience working for Child Welfare including experience in Reintegration Case Management, Foster Care Homes, Kinship, and Recruitment. Kayla also has 2 years of experience in Mental Health, and is a CPR/First Aid instructor, as well as a MAPP/DT certified instructor.

Kyleen Condon is a Permanency Supervisor in Area 8 out of the Wichita, KS office for TFI Family Services. Kyleen holds a B.A. Social Work and a B.A. in Psychology. She additionally is a Licensed Social Worker. Kyleen has 10 years of child welfare experience between working at the Department of Children and Families, and with the State Reintegration Contract. Kyleen has an immense passion for working with victims of Human Trafficking and carried a Human Trafficking case load in her time as a Reintegration Social Worker. Kyleen continues to serve this population while at TFI as a member of their Rapid Response Team that partners with DCF and law enforcement to complete Human Trafficking Assessments on youth that are at risk for victimization.



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