

TRAINING OPPORTUNITIES

January – March 2025

The TFI Family Services Training Department is pleased to present a quarterly list of exciting and informative trainings. Please share the list with any current or potential foster or adoptive parents, relative or kinship providers, or child welfare professionals who may be interested in attending.

All trainings are virtual, unless otherwise specified in the training description.

Training Enrollment

Kansas

TFI/MNS staff members should enroll through the agency learning management system, as well as through the Kansas Children's Alliance site. Foster/adoptive parents, relative/kinship providers, and other child welfare professionals should enroll through the Kansas Children's Alliance website at learn.childdaily.org/account/login. A free account is required to enroll. If you do not have an account, please select the "Create Account" option on their training page. When prompted for a code, please use **LEARN**. You will receive an automated e-mail confirming your enrollment, as well as the link and additional information for the training(s) you have selected.

Other States

TFI/MNS staff members should enroll through the agency learning management system. Foster/adoptive parents, relative/kinship providers, and other child welfare professionals located outside of Kansas should enroll through EventBrite at <https://mnstraining.eventbrite.com>. Once you have selected the class(es) you want, enter **TFI** as the promotional code at checkout. You will receive an automated e-mail confirming your enrollment. A separate e-mail will be sent from the trainer with your login information approximately 24 hours prior to the start time.

****Per Children's Alliance: Cameras are required to be on during all virtual trainings.****

If you do not receive the link to your class by the morning of the training, or you have any questions or concerns, please e-mail our Training Department at KSPTStaff@tfifamily.org.

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LIVE WEBINAR TRAININGS

Abusive Head Trauma

The objective of this training is to provide information for those caring for children ages 0-3 about the important aspects of early brain development, and the risks associated with Sudden Infant Death Syndrome (SIDS) and Shaken Baby Syndrome (SBS).

- February 13, 2025 9:00am-10:00am Trainer: Kayla Patton CA # 13027

ACE (Adverse Childhood Experiences)

Participants will learn about the ACE study and the examined long-term impacts of various childhood traumatic experiences. This study found long term mental and physical consequences related to 2 or more adverse experiences. They will also learn how to help children navigate trauma in a proactive and healing way.

- January 21, 2025 9:00am-10:30am Trainer: Kayla Patton CA # 12978
- February 27, 2025 1:30pm-3:00pm Trainer: Kayla Patton CA # 13048

Ages and Stages

Participants will learn to identify the developmental milestones for ages newborn through 17 years old based on: physical, cognitive, language, emotional and social development, along with the effects of trauma on development.

- January 21, 2025 5:30pm-6:30pm Trainer: Kayla Patton CA # 12979

Aggressive Behaviors: Understanding and Managing

This training will help the audience to understand aggressive behaviors and anger in children; understand underlying issues that can cause aggressive behaviors; help the audience to recognize the aggression process in a child and identify ways to work with the child through that process; provide crisis intervention/management, parenting strategies, and techniques to help with aggressive children, as well as, all other children; and provide information on different forms of discipline and its role in teaching children to become self-disciplined and make healthy choices.

- February 12, 2025 9:00am-10:00am Trainer: Kayla Patton CA # 13024

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Attachment, Separation, Grief, and Loss

This training will identify the challenges of facing attachment, separation, grief, and loss due to the transitional nature of caring for foster children; examine the different attachment styles; assist foster parents in cultivating their abilities to be thoughtful and responsive to their foster child's needs; and identify coping skills and strategies for foster parents and children as they progress toward the formation of more healthy and secure attachments. Participants will also explore the 5 stages of grief, with examples of how they may be expressed in the foster care system; will gain knowledge in preventative measures; and will identify coping skills and resilience factors to manage grief and loss.

- February 26, 2025 1:00pm-2:30pm Trainer: Jocelyn Goerzen CA # 13045

Caring For Teens

This training will help you as a parent understand your teenager's experiences and needs so that you can respond with practical strategies that foster healthy development. These strategies include approaches that acknowledge trauma and loss, support effective communication, promote a teens' independence, and address behavior and mental health concerns. Participants will also learn six key steps to prepare for taking in teenagers.

- February 1, 2025 11:00am-12:00pm Trainer: Jocelyn Goerzen CA # 13000
- March 8, 2025 12:30pm-1:30pm Trainer: Jocelyn Goerzen CA # 13061

Compassion Fatigue and Secondary Stress

Participants will learn to recognize the difference between burn out, compassion fatigue, and secondary traumatic stress.

- January 22, 2025 6:00pm-7:30pm Trainer: Jocelyn Goerzen CA # 12986
- February 13, 2025 1:30pm-3:00pm Trainer: Kayla Patton CA # 13028
- March 21, 2025 10:00am-11:30am Trainer: Jocelyn Goerzen CA # 13086

Crisis Intervention and Verbal De-Escalation

Participants will be able to understand that behavior has meaning, identify crisis behavior and differentiate between typical misbehavior and a crisis. Attendees will learn the stages of crisis and interventions that can be used during a crisis, as well as gain knowledge in de-escalation techniques.

- January 7, 2025 10:00am-11:30am Trainer: Renee Lilley CA # 12936
- March 12, 2025 10:00am-11:30am Trainer: Jocelyn Goerzen CA # 13071

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Domestic Violence And Child Development

Participants will leave this training with a clear understanding of domestic violence; what constitutes domestic violence, statistics concerning victims of domestic violence, and the cycle of domestic violence. Participants will also be provided with information concerning the impact of domestic violence on children and child development, including the possibility of children exposed to domestic violence growing to become perpetrators and victims of domestic violence in adulthood.

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| • January 2, 2025 | 9:00am-10:00am | Trainer: Kayla Patton | CA # 12930 |
| • March 12, 2025 | 1:30pm-2:30pm | Trainer: Kayla Patton | CA # 13072 |

Domestic Violence In Teen Dating

Participants will be able to define dating, learn various risk factors of domestic violence in teen dating, identify types of violence teens encounter through dating, gain understanding of the long-term effects of violence on teens, and acquire prevention strategies to reduce domestic violence in teen dating.

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| • January 7, 2025 | 1:00pm-2:00pm | Trainer: Renee Lilley | CA # 12938 |
| • February 4, 2025 | 5:30pm-6:30pm | Trainer: Kayla Patton | CA # 13004 |

Education In Foster Care (KS Only)

Participants will be educated on navigating the Kansas education system as they serve foster care youth in Kansas. Participants will learn about the roles that the Education Specialist, case teams, biological parents, and foster parents play in supporting our foster care youths' education. Participants will additionally learn about the Educational Advocate, Special Education, and Early Childhood Intervention processes.

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| • January 14, 2025 | 5:30pm-6:30pm | Trainer: Kayla Patton | CA # 12960 |
| • March 18, 2025 | 5:30pm-6:30pm | Trainer: Kayla Patton | CA # 13079 |

Emotional Resilience

Participants will recognize the effects of stress and define emotional resilience. Additionally, learners will be able to identify attitudes of resilience and how resilience works. Much of the presentation focuses on learning the keys to increasing emotional intelligence, as well as pinpointing strategies to teach resilience to children. Finally, learners will acquire resilience and make a lasting change.

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| • January 21, 2025 | 11:00am-1:00pm | Trainer: Renee Lilley | CA # 12981 |
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Food Insecurities In Children

Participants will be able to define food insecurity, define and identify food insecurity behaviors in children, learn contributing factors that lead to food insecurity, and learn interventions and strategies to reduce food insecurity behaviors.

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| • January 14, 2025 | 6:30pm-7:30pm | Trainer: Kayla Patton | CA # 12961 |
| • March 27, 2025 | 9:00am-10:00am | Trainer: Kayla Patton | CA # 13095 |

Identifying Learning Strengths In Children

Participants will understand the 3 main types of learning styles (visual, auditory, and kinesthetic), and acquire strategies to use with each type of strength to make learning easier.

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| • January 14, 2025 | 11:00am-12:00pm | Trainer: Renee Lilley | CA # 12962 |
| • February 4, 2025 | 11:00am-12:00pm | Trainer: Renee Lilley | CA # 13005 |

Improving Foster Placement Stability

Participants will be able to define disruption and learn factors that contribute to disruptions in foster care. Participants will gain an understanding in why disruptions occur and be able to recognize the stages of disruption. Finally, participants will learn ways to prevent disruptions and strategies to improve placement stability.

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| • January 14, 2025 | 3:00pm-4:00pm | Trainer: Jocelyn Goerzen | CA # 12964 |
| • January 30, 2025 | 1:00pm-2:00pm | Trainer: Renee Lilley | CA # 12996 |
| • February 27, 2025 | 9:00am-10:00am | Trainer: Jocelyn Goerzen | CA # 13049 |
| • March 8, 2025 | 11:00am-12:00pm | Trainer: Jocelyn Goerzen | CA # 13062 |

Internet Safety

Participants will learn tips to help keep children and families safe while using social media. Different types of media usage will be discussed as well as how to talk to older children and teens about safe practices. Different types of resources and tools are given to help caregivers safeguard against the dangers of the internet.

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| • March 11, 2025 | 1:00pm-2:00pm | Trainer: Renee Lilley | CA # 13066 |
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LGBTQ Youth In Care

This training gives participants the opportunity to gain understanding into the importance of working effectively with LGBTQ youth and to build knowledge in the basic facts about the LGBTQ youth and the issues they face. Participants will be able to identify best practices to utilize in congregate care and foster care to support LGBTQ youth.

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| • January 18, 2025 | 12:30pm-2:00pm | Trainer: Jocelyn Goerzen | CA # 12974 |
| • February 4, 2025 | 1:00pm-2:30pm | Trainer: Renee Lilley | CA # 13006 |
| • March 19, 2025 | 6:30pm-8:00pm | Trainer: Jocelyn Goerzen | CA # 13081 |

MAPP Foundations Refresher – A Partnership Experience

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 2 (A Partnership Experience). Participants will gain a deeper understanding of the reason that children come into care, their feelings and behaviors associated with their feelings, assessment skills, and understanding the impact trauma has on child development.

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| • January 28, 2025 | 11:00am-1:00pm | Trainer: Renee Lilley | CA # 12994 |
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MAPP Foundations Refresher – Trauma and Brain Science

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 3 (Trauma and Brain Science). Participants will gain a deeper understanding of children and trauma, how to building resiliency, and building stability by teaching behavior and coping skills.

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| • February 25, 2025 | 11:00am-1:00pm | Trainer: Renee Lilley | CA # 13043 |
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MAPP Foundations Refresher – Losses and Gains – Building Resilience

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 4 (Losses and Gains – Building Resilience). Participants will gain a deeper understanding of how losses in their lives can affect how they care for kids in their home, how they can turn losses into gains, learn how to help children with their losses, and how trauma affects loss.

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| • March 25, 2025 | 11:00am-1:00pm | Trainer: Renee Lilley | CA # 13089 |
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Mental Health Basics

Participants will be able to identify stigma and/or assumptions about mental illness diagnoses; define and understand basic mental health diagnoses and symptoms and common treatments; and learn how to apply strategies and coping skills to manage behavior and symptoms.

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| • January 17, 2025 | 10:00am-11:30am | Trainer: Jocelyn Goerzen | CA # 12970 |
| • February 19, 2025 | 1:30pm-3:00pm | Trainer: Kayla Patton | CA # 13035 |
| • March 20, 2025 | 9:00am-10:30am | Trainer: Jocelyn Goerzen | CA # 13084 |

Normalcy and Child Development

Normalcy refers to allowing youth in out-of-home care to experience childhood and adolescence in ways similar to their peers not in foster care. This course will help you understand the need for children in your care to experience normalcy. After this training you will be able to define normalcy, discuss reasonable and prudent parenting, determine activities right for a child's age, and recognize that normal activities are important for children and teens.

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| • January 2, 2025 | 1:30pm-3:00pm | Trainer: Kayla Patton | CA # 12931 |
| • February 11, 2025 | 11:00am-12:30pm | Trainer: Renee Lilley | CA # 13021 |
| • March 13, 2025 | 1:30pm-3:00pm | Trainer: Kayla Patton | CA # 13074 |

Parenting Children With Special Needs

Participants will gain an understanding of the most common types of special needs: physical, development, behavioral/emotional, and sensory impaired. Participants will understand the different approaches being a parent with a special needs child. We will also discuss parenting styles to understand what the best style is for a child.

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| • January 18, 2025 | 11:00am-12:00pm | Trainer: Jocelyn Goerzen | CA # 12975 |
| • February 11, 2025 | 1:30pm-2:30pm | Trainer: Renee Lilley | CA # 13022 |
| • February 26, 2025 | 7:00pm-8:00pm | Trainer: Jocelyn Goerzen | CA # 13046 |

Partnering For A Successful Court Process (KS only)

This training will teach foster parents what to expect during the court process while in foster care.

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| • March 6, 2025 | 1:00pm-2:00pm | Trainer: Renee Lilley | CA # 13058 |
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Preparing Children In Foster Care For Independent Living

This training will provide participants with information about supporting foster children as they prepare to age out of the foster care system. Participants will be provided with the knowledge they need to understand the child's transition plan and how to effectively support them in completing tasks outlined in the plan. Participants will also gain knowledge about supportive resources to help children successfully transition from foster care to adulthood.

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| • January 21, 2025 | 10:00am-11:30am | Trainer: Jocelyn Goerzen | CA # 12982 |
| • February 6, 2025 | 1:00pm-2:30pm | Trainer: Jocelyn Goerzen | CA # 13009 |
| • February 18, 2025 | 10:00am-11:30am | Trainer: Renee Lilley | CA # 13032 |
| • March 26, 2025 | 1:00pm-2:30pm | Trainer: Jocelyn Goerzen | CA # 13091 |

Preventing of Peer-To-Peer Abuse

Participants will learn the essentials of preventing peer-to-peer abuse, how, when and where peer-to-peer abuse occurs, gain understanding on how adults contribute to the risks, which behavioral warning signs to watch for, how to distinguish between sexual curiosity and sexual abuse and acquire skills on how to detect and prevent peer-to-peer abuse and the importance of educating youth, staff, caregivers and volunteers on the scope of the sexual abuse problem and how to detect and prevent peer-to-peer abuse.

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| • January 21, 2025 | 3:30pm-5:00pm | Trainer: Jocelyn Goerzen | CA # 12983 |
| • February 20, 2025 | 9:00am-10:30am | Trainer: Jocelyn Goerzen | CA # 13038 |

PTSD In Children and Teens

Participants will be able to define PTSD as it pertains to children and teens. Additionally, participants will gain understanding into the events that lead to PTSD in children and be able to identify the signs and symptoms of this diagnosis. Risk factors and protective factors that may influence a child's likelihood of experiencing PTSD will be identified. Participants will be able to recognize the various ways PTSD can affect children and teens and acquire skills in responding to a child's PTSD reaction. Finally, participants will learn ways to treat and prevent PTSD in children.

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| • January 15, 2025 | 9:00am-10:00am | Trainer: Kayla Patton | CA # 12966 |
| • March 27, 2025 | 1:30pm-2:30pm | Trainer: Kayla Patton | CA # 13096 |

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Recognizing and Reporting Child Abuse and Neglect

The focus of this training will cover the definitions and types of abuse and neglect. We'll review the signs and symptoms of abuse and neglect as well as mandated reporting. This training includes protective factors to minimize risks and improve resilience in children.

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| • January 9, 2025 | 1:00pm-3:00pm | Trainer: Kayla Patton | CA # 12944 |
| • March 4, 2025 | 5:30pm-7:30pm | Trainer: Kayla Patton | CA # 13055 |

Runaway Behaviors

Learning Objectives: • Identify the occurrence of runaway behaviors • Learn about the risk factors and predictors of runaway behaviors • Gain understanding into why runaway behaviors are an option to at risk youth • Learn coping strategies that providers can teach youth as proactive measures to prevent runaway behaviors.

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| • March 18, 2025 | 11:00am-1:00pm | Trainer: Renee Lilley | CA # 13080 |
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Safe Sleep For Caregivers (SIDS Prevention)

The goal of safe sleep training is to prepare parents, foster parents, and caregivers about safe infant sleep practices.

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| • January 23, 2025 | 1:00pm-2:00pm | Trainer: Renee Lilley | CA # 12988 |
| • February 18, 2025 | 5:30pm-6:30pm | Trainer: Kayla Patton | CA # 13033 |
| • March 4, 2025 | 10:00am-11:00am | Trainer: Renee Lilley | CA # 13056 |

Self-Care For Foster Parents

The goal of this training is to provide foster parents with important information regarding the importance of self-care. The training will provide foster parents with information on the problems that can arise from not caring for themselves. Foster parents will be provided with definitions and signs and symptoms for the conditions of stress, burnout, and secondary traumatic stress. Foster parents will be able to understand the need to watch for signs within themselves and how to develop a stress management plan, as well as other ways to combat stress, burnout, and secondary traumatic stress.

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| • February 1, 2025 | 12:30pm-1:30pm | Trainer: Jocelyn Goerzen | CA # 13001 |
| • March 11, 2025 | 11:00am-12:00pm | Trainer: Renee Lilley | CA # 13067 |

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Sexting: What Parents Should Know

This training will provide participants with information about sexting, including statistics, legal concerns, cell phone contracts, and provide suggestions on ways to minimize concern.

- *March 13, 2025* *9:00am-10:00am* *Trainer: Kayla Patton* *CA # 13075*

Substance Abuse In Adults

This training will provide participants with information about substance abuse. Participants will be provided with the knowledge needed to understand substance abuse, recognize the signs of use, understand the addiction, treatment and recovery processes, and be provided with useful tips for assisting in making healthy choices and working through substance abuse problems.

- *January 16, 2025* *1:00pm-2:30pm* *Trainer: Jocelyn Goerzen* *CA # 12969*
- *February 25, 2025* *1:30pm-3:00pm* *Trainer: Kayla Patton* *CA # 13044*
- *March 20, 2025* *11:00am-12:30pm* *Trainer: Jocelyn Goerzen* *CA # 13085*

Suicide Prevention and Intervention

This training will help participants distinguish between self-harming behaviors and suicide. Youth protective factors and risk factors will be examined, and discussion will focus on identifying and operationalizing prevention/intervention strategies for youth at risk.

- *February 7, 2025* *1:00pm-2:00pm* *Trainer: Jocelyn Goerzen* *CA # 13011*
- *March 4, 2025* *1:30pm-2:30pm* *Trainer: Kayla Patton* *CA # 13057*

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TRAINER BIOGRAPHIES

Kyleen Condon is a Permanency Supervisor at TFI Family Services who is dedicated to empowering social workers and foster parents with the knowledge and skills necessary to make a positive impact with the children and families they serve. With a career spanning over 10 years in social work practice, Kyleen brings a wealth of practical experience and insight to her training. Kyleen is a licensed social worker who holds a Master's Degree in Clinical Social Work from Fort Hays State University, with extensive experience in Kansas child welfare case management practices, special education, clinical practice, and serving victims of human trafficking. Her teaching style is characterized by a blend of theoretical knowledge, life experience, and practical application, preparing workers and caregivers to navigate complex social issues with empathy and professionalism. Kyleen believes in creating a supportive and inclusive learning environment where training participants are encouraged to have active engagement and dialogue. Beyond her professional commitments, Kyleen can be found playing competitive women's softball, enjoying the outdoors, and coaching her kids' sports teams.

Jocelyn Goerzen is a Training Specialist in Area 8 out of the Wellington, KS office for TFI Family Services. She has over two decades of experience in child welfare and mental health. Jocelyn has cultivated a deep commitment to fostering positive outcomes for children and families. Her professional journey in addition to her extensive experience as a foster parent for approximately 18 years includes various roles in a Qualified Residential Treatment Program (QRTF), spanning from working as a Mental Health Technician and advancing to supervisory positions and the Education and Independent Living Coordinator. She played a pivotal role in developing and implementing programs designed to support the educational and life skills needs of youth in care. Jocelyn's niche in Child Welfare is parenting teens that have lived in foster care and helping them adjust to post-adoption life. Jocelyn's career is distinguished by her hands-on experience and leadership in both direct care and program development, underscoring her expertise in the field of child welfare and her unwavering commitment to improving the lives of young people and their families.

Libby Hayden is the Administrative Training Specialist for all TFI programs and is based out of Overland Park. She has over 35 years working in child welfare and mental health services. Libby is best known for her experience in recruiting and developing foster families. She is a Certified MAPP and Deciding Together Leader who has helped numerous foster/adoptive families make an informed decision about parenting children who have experienced trauma. In her current role as training specialist, Libby has created and delivered training around best practice for workers. She brings energy and passion to all the topics she teaches. When she is not teaching, you will find her mentoring peers, helping others in the agency or co-leading the TQI Quality and Innovation group.

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Renee Lilly is a Training Specialist in Area 8 out of the Wichita, KS office for TFI Family Services. Renee holds a B.S. in Psychology with an emphasis in Child Development from Wichita State University. Renee has 15 years of expertise training in Child Welfare and Child Development. She has experience as a Foster Care worker and has worked in Parent Education, Kinship care, and Child Care Resource and Referral. She is also a certified MAPP/DT instructor and certified Safe Sleep instructor through the KIDS Network.

Kayla Patton is a Training Specialist in Area 4 out of the Independence, KS office for TFI Family Services. Kayla holds a B.S. in Social Work with a minor in Gender, Women, and Sexualities Studies. She is additionally a Licensed Social Worker. Kayla has 7 years of experience working for Child Welfare including experience in Reintegration Case Management, Foster Care Homes, Kinship, and Recruitment. Kayla also has 2 years of experience in Mental Health, and is a CPR/First Aid instructor, as well as a MAPP/DT certified instructor.