

TRAINING OPPORTUNITIES

July-September 2024

The TFI Family Services Training Department is pleased to present a quarterly list of exciting and informative trainings. Please share the list with any current or potential foster or adoptive parents, relative or kinship providers, or child welfare professionals who may be interested in attending.

All trainings are virtual, unless otherwise specified in the training description.

Training Enrollment

Kansas

TFI/MNS staff members should enroll through the agency learning management system, as well as through the Kansas Children's Alliance site. Foster/adoptive parents, relative/kinship providers, and other child welfare professionals should enroll through the Kansas Children's Alliance website at learn.childdaily.org/account/login. A free account is required to enroll. If you do not have an account, please select the "Create Account" option on their training page. When prompted for a code, use **learn**. You will receive an automated e-mail confirming your enrollment, as well as the link and additional information for the training(s) you have selected.

Other States

TFI/MNS staff members should enroll through the agency learning management system. Foster/adoptive parents, relative/kinship providers, and other child welfare professionals located outside of Kansas should enroll through EventBrite at <https://mnstraining.eventbrite.com>. Once you have selected the class(es) you want, enter **TFI** as the promotional code at checkout. You will receive an automated e-mail confirming your enrollment. A separate e-mail will be sent from the trainer with your login information approximately 24 hours prior to the start time.

****Cameras are required during all virtual trainings.****

If you do not receive the link to your class by the morning of the training, or you have any questions or concerns, please e-mail our Training Department at KSPTStaff@tfifamily.org.

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LIVE WEBINAR TRAININGS

Abusive Head Trauma

The objective of this training is to educate those caring for children ages 0-3 about the important aspects of early brain development and the risks associated with Sudden Infant Death Syndrome (SIDS) and Shaken Baby Syndrome (SBS).

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| • July 9, 2024 | 9:00 am-10:00am | Trainer: Kayla Patton | CA # 12680 |
| • August 13, 2024 | 9:00am-10:00am | Trainer: Kayla Patton | CA # 12735 |
| • September 26, 2024 | 9:00am-10:00am | Trainer: Kayla Patton | CA # 12799 |

ACE (Adverse Childhood Experiences)

Participants will learn about the ACE study and the examined long-term impacts of various childhood traumatic experiences. This study found long term mental and physical consequences related to 2 or more adverse experiences. They will also learn more about the ACE study and how to help children navigate trauma in a proactive and healing way.

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| • July 9, 2024 | 12:30pm-2:00pm | Trainer: Renee Lilley | CA # 12681 |
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Aggressive Behaviors: Understanding and Managing

This training will help the audience to understand aggressive behaviors and anger in children; understand underlying issues that can cause aggressive behaviors; help the audience to recognize the aggression process in a child and identify ways to work with the child through that process; provide crisis intervention/management, parenting strategies, and techniques to help with aggressive children, as well as, all other children; and provide information on different forms of discipline and its role in teaching children to become self-disciplined and make healthy choices.

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| • August 20, 2024 | 12:30pm-1:30pm | Trainer: Renee Lilley | CA # 12746 |
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Attachment, Separation, Grief, and Loss

This training will identify the challenges of facing attachment, separation, grief, and loss due to the transitional nature of caring for foster children; examine the different attachment styles; assist foster parents in cultivating their abilities to be thoughtful and responsive to their foster child's needs; and identify coping skills and strategies for foster parents and children as they progress toward the formation of more healthy and secure attachments. Participants will also explore the 5 stages of grief, with examples of how they may be expressed in the foster care system; will gain knowledge in preventative measures; and will identify coping skills and resilience factors to manage grief and loss.

- *July 18, 2024* *11:00am-12:30pm* *Trainer: Kayla Patton* *CA # 12695*
- *September 11, 2024* *1:00pm-2:30pm* *Trainer: Kayla Patton* *CA # 12776*

Caring For Teens

This training will help you as a parent understand your teenager's experiences and needs so that you can respond with practical strategies that foster healthy development. These strategies include approaches that acknowledge trauma and loss, support effective communication, promote a teens' independence, and address behavior and mental health concerns. Participants will also learn six key steps to prepare for taking in teenagers.

- *September 17, 2024* *12:30pm-1:30pm* *Trainer: Renee Lilley* *CA # 12785*

Crisis Intervention and Verbal De-Escalation

Participants will be able to understand that behavior has meaning, identify crisis behavior, and differentiate between typical misbehavior and a crisis. Attendees will learn the stages of crisis and interventions that can be used during a crisis, as well as gain knowledge in de-escalation techniques.

- *July 30, 2024* *9:00am-10:00am* *Trainer: Kayla Patton* *CA # 12715*
- *August 21, 2024* *11:00am-12:30pm* *Trainer: Kayla Patton* *CA # 12748*
- *September 27, 2024* *9:00am-10:30am* *Trainer: Kayla Patton* *CA # 12803*

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Customer Service

This course will talk about why we need to remember that everyone we talk with is our customer – be it an employee/employer or the children in your home. We all deserve to be heard and helped when needed. Available face-to-face at Crossroads United Methodist Church, 101 E. Gilman, Lansing, KS 66043 (with childcare included), or virtually (link to be provided at time of enrollment).

- *July 25, 2024* *6:00pm-8:00pm* *Trainer: Libby Hayden* *CA # 12710*

Finding Your Voice Through Mindfulness

This course will talk about manifestation and working your way to what you want your life to be. It will also show you how being mindful and paying attention to your worth and goals can change your life and the people around you. Available face-to-face at Crossroads United Methodist Church, 101 E. Gilman, Lansing, KS 66043 (with childcare included), or virtually (link to be provided at time of enrollment).

- *August 8, 2024* *6:00pm-8:00pm* *Trainer: Libby Hayden* *CA # 12726*

Food Insecurities In Children

Participants will be able to define food insecurity, define and identify food insecurity behaviors in children, learn contributing factors that lead to food insecurity, and learn interventions and strategies to reduce food insecurity behaviors.

- *August 8, 2024* *1:00pm-2:00pm* *Trainer: Kayla Patton* *CA # 12727*

Identifying Learning Strengths In Children

Participants will understand the 3 main types of learning styles (visual, auditory, and kinesthetic), and acquire strategies to use with each type of strength to make learning easier.

- *September 19, 2024* *11:30am-12:30pm* *Trainer: Renee Lilley* *CA # 12790*

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MAPP Foundations Refresher – Trauma and Brain Science

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 3 (Trauma and Brain Science). Participants will gain a deeper understanding of children and trauma, how to building resiliency, and building stability by teaching behavior and coping skills.

- *July 30, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12716*
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MAPP Foundations Refresher – Losses and Gains – Building Resilience

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 4 (Losses and Gains – Building Resilience). Participants will gain a deeper understanding of how losses in their lives can affect how they care for kids in their home, how they can turn losses into gains, learn how to help children with their losses, and how trauma affects loss.

- *August 6, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12722*
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MAPP Foundations Refresher – Partnering To Build and Maintain Attachments

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 5 (Partnering To Build and Maintain Attachments). Participants will gain a deeper understanding of skills to help children build and maintain attachments.

- *August 13, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12738*
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MAPP Foundations Refresher – Understanding The Needs Behind Behavior

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 6 (Understanding The Needs Behind Behavior). Participants will gain a deeper understanding of how to help children communicate effectively, the pattern of response, and the difference between discipline and punishment.

- *August 27, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12756*
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MAPP Foundations Refresher – Identity, Connections, and Shared Parenting

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 7 (Identity, Connections, and Shared Parenting). Participants will gain a deeper understanding of the importance of cultural, racial, and ethnic heritage, and ways foster/adoptive parents can maintain connections to their families of origin.

- *September 3, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12764*

MAPP Foundations Refresher – Gains and Losses – Fostering Toward Permanence

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 8 (Gains and Losses – Fostering Toward Permanence). Participants will gain a deeper understanding of the foster parent’s role in visitations, how to support shared parenting, helping children go home, how to help transition out of care, and stages of disruption/dissolution.

- *September 10, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12774*

MAPP Foundations Refresher – Endings and Beginnings

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 10 (Endings and Beginnings). Participants will gain a deeper understanding of managing allegations, how to provide ongoing support, how to assess impact, and plan for the future.

- *September 24, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12796*

Mental Health Basics

Participants will be able to identify stigma and/or assumptions about mental illness diagnoses; define and understand basic mental health diagnoses and symptoms and common treatments; and learn how to apply strategies and coping skills to manage behavior and symptoms.

- *September 18, 2024* *12:30pm-2:00pm* *Trainer: Kayla Patton* *CA # 12789*

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Normalcy In Child Development

Normalcy refers to allowing youth in out-of-home care to experience childhood and adolescence in ways similar to their peers not in foster care. This course will help you understand the need for children in your care to experience normalcy. After this training you will be able to define normalcy, discuss reasonable and prudent parenting, determine activities right for a child's age, and recognize that normal activities are important for children and teens.

- *July 18, 2024* *9:00am-10:00am* *Trainer: Kayla Patton* *CA # 12698*
- *August 27, 2024* *9:00am-10:30am* *Trainer: Kayla Patton* *CA # 12757*
- *September 19, 2024* *11:00am-12:30pm* *Trainer: Kayla Patton* *CA # 12791*

Preparing For A Successful Court Process (**KS only**)

This training will teach foster parents what to expect during the court process while in foster care.

- *August 3, 2024* *9:00am-10:00am* *Trainer: Kayla Patton* *CA # 12720*

Preparing Children In Foster Care For Independent Living

This training will provide participants with information about supporting foster children as they prepare to age out of the foster care system. Participants will be provided with the knowledge they need to understand the child's transition plan and how to effectively support them in completing tasks outlined in the plan. Participants will also gain knowledge about supportive resources to help children successfully transition from foster care to adulthood.

- *July 23, 2024* *11:30am-1:00pm* *Trainer: Renee Lilley* *CA # 12706*

Preventing Youth Suicide

Suicide is the 2nd leading cause of death for youth people ages 15-24 in the United States. Suicide and suicidal behavior are often preventable, but detection of warning signs and prompt intervention are key factors in prevention. Learn how to detect behaviors associated with youth suicide risk, and how you can help prevent suicide and suicidal behaviors among young people. Available face-to-face at Crossroads United Methodist Church, 101 E. Gilman, Lansing, KS 66043 (with childcare included), or virtually (link to be provided at time of enrollment).

- *August 22, 2024* *6:00pm-8:00pm* *Trainer: Libby Hayden* *CA # 12751*

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PTSD In Children and Teens

Participants will be able to define PTSD as it pertains to children and teens. Additionally, participants will gain understanding into the events that lead to PTSD in children and be able to identify the signs and symptoms of this diagnosis. Risk factors and protective factors that may influence a child's likelihood of experiencing PTSD will be identified. Participants will be able to recognize the various ways PTSD can affect children and teens and acquire skills in responding to a child's PTSD reaction. Finally, participants will learn ways to treat and prevent PTSD in children.

- *July 20, 2024* *9:00am-10:00am* *Trainer: Kayla Patton* *CA # 12700*
- *September 12, 2024* *10:00am-11:00am* *Trainer: Kayla Patton* *CA # 12779*

Recognizing and Reporting Child Abuse and Neglect

The focus of this training will cover the definitions and types of abuse and neglect. We'll review the signs and symptoms of abuse and neglect as well as mandated reporting. This training includes protective factors to minimize risks and improve resilience in children.

- *August 13, 2024* *6:30pm-8:30pm* *Trainer: Kayla Patton* *CA # 12739*

Runaway Behaviors

Learning objectives for this class include: Identifying the occurrence of runaway behaviors; learning about the risk factors and predictors of runaway behaviors; gaining understanding into why runaway behaviors are an option to at-risk youth; and learning coping strategies that providers can teach youth as proactive measures to prevent runaway behaviors.

- *July 24, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12708*

Safe Sleep For Caregivers

The goal of safe sleep training is to prepare parents, foster parents, and caregivers about safe infant sleep practices and reducing Sudden Infant Death Syndrome (SIDS).

- *August 15, 2024* *10:30am-11:30am* *Trainer: Renee Lilley* *CA # 12742*

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Self-Care For Foster Parents

The goal of this training is to provide foster parents with important information regarding the importance of self-care. The training will provide foster parents with information on the problems that can arise from not caring for themselves. Foster parents will be provided with definitions and signs and symptoms for the conditions of stress, burnout, and secondary traumatic stress. Foster parents will be able to understand the need to watch for signs within themselves and how to develop a stress management plan, as well as other ways to combat stress, burnout, and secondary traumatic stress.

- *July 24, 2024* *1:00pm-2:00pm* *Trainer: Kayla Patton* *CA # 12709*
- *August 21, 2024* *12:30pm-1:30pm* *Trainer: Renee Lilley* *CA # 12750*

Substance Abuse In Adults

This training will provide participants with information about substance abuse. Participants will be provided with the knowledge needed to understand substance abuse, recognize the signs of use, understand the addiction, treatment and recovery processes, and be provided with useful tips for assisting in making healthy choices and working through substance abuse problems.

- *July 31, 2024* *1:00pm-2:30pm* *Trainer: Kayla Patton* *CA # 12717*

Suicide Prevention and Intervention

This training will help participants distinguish between self-harming behaviors and suicide. Youth protective factors and risk factors will be examined and discussion will focus on identifying and operationalizing prevention/intervention strategies for youth at risk.

- *August 15, 2024* *1:00pm-2:00pm* *Trainer: Kayla Patton* *CA # 12743*

The Myth of Multi-Tasking

This course will teach you how multi-tasking really doesn't save you the time you think it does. Learn how it wastes time and how you can be better with your time. Available face-to-face at Crossroads United Methodist Church, 101 E. Gilman, Lansing, KS 66043 (with childcare included), or virtually (link to be provided at time of enrollment).

- *September 12, 2024* *6:00pm-8:00pm* *Trainer: Libby Hayden* *CA # 12780*

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Time Management – Chaos To Clam

Do you always feel behind? Are you overwhelmed by your priority list? Are you a procrastinator or do you have a habit of procrastinating? Come learn what you can do to help all of the above. Available face-to-face at Crossroads United Methodist Church, 101 E. Gilman, Lansing, KS 66043 (with childcare included), or virtually (link to be provided at time of enrollment).

- *July 11, 2024* *6:00pm-8:00pm* *Trainer: Libby Hayden* *CA # 12687*

Wrestling With Safe Sleep

The goal of safe sleep training is to prepare parents, foster parents, and caregivers about safe sleep practices.

- *July 9, 2024* *6:30pm-8:30pm* *Trainer: Kayla Patton* *CA # 12684*
- *August 14, 2024* *8:30am-10:30am* *Trainer: Kayla Patton* *CA # 12741*
- *September 24, 2024* *6:30pm-8:30pm* *Trainer: Kayla Patton* *CA # 12798*

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TRAINER BIOGRAPHIES

Kayla Patton is a Training Specialist in Area 4 out of the Independence, KS office for TFI Family Services. Kayla holds a B.S. in Social Work with a minor in Gender, Women, and Sexualities Studies. She is additionally a Licensed Social Worker. Kayla has 7 years of experience working for Child Welfare including experience in Reintegration Case Management, Foster Care Homes, Kinship, and Recruitment. Kayla also has 2 years of experience in Mental Health, and is a CPR/First Aid instructor, as well as a MAPP/DT certified instructor.

Renee Lilly is a Training Specialist in Area 8 out of the Wichita, KS office for TFI Family Services. Renee holds a B.S. in Psychology with an emphasis in Child Development from Wichita State University. Renee has 15 years of expertise training in Child Welfare and Child Development. She has experience as a Foster Care worker and has worked in Parent Education, Kinship care, and Child Care Resource and Referral. She is also a certified MAPP/DT instructor and certified Safe Sleep instructor through the KIDS Network.

Libby Hayden is the Administrative Training Specialist for all TFI programs and is based out of Overland Park. She has over 35 years working in child welfare and mental health services. Libby is best known for her experience in recruiting and developing foster families. She is a Certified MAPP and Deciding Together Leader who has helped numerous foster/adoptive families make an informed decision about parenting children who have experienced trauma. In her current role as training specialist, Libby has created and delivered training around best practice for workers. She brings energy and passion to all the topics she teaches. When she is not teaching, you will find her mentoring peers, helping others in the agency or co-leading the TQI Quality and Innovation group.

Kyleen Condon is a Permanency Supervisor in Area 8 out of the Wichita, KS office for TFI Family Services. Kyleen holds a B.A. in Social Work and a B.A. in Psychology. She additionally is a Licensed Social Worker. Kyleen has 10 years of child welfare experience between working at the Department of Children and Families, and with the State Reintegration Contract. Kyleen has an immense passion for working with victims of Human Trafficking and carried a Human Trafficking case load in her time as a Reintegration Social Worker. Kyleen continues to serve this population while at TFI as a member of their Rapid Response Team that partners with DCF and law enforcement to complete Human Trafficking Assessments on youth that are at risk for victimization.