

TRAINING OPPORTUNITIES

October-December 2024

The TFI Family Services Training Department is pleased to present a quarterly list of exciting and informative trainings. Please share the list with any current or potential foster or adoptive parents, relative or kinship providers, or child welfare professionals who may be interested in attending.

All trainings are virtual, unless otherwise specified in the training description.

Training Enrollment

Kansas

TFI/MNS staff members should enroll through the agency learning management system, as well as through the Kansas Children's Alliance site. Foster/adoptive parents, relative/kinship providers, and other child welfare professionals should enroll through the Kansas Children's Alliance website at learn.childdaily.org/account/login. A free account is required to enroll. If you do not have an account, please select the "Create Account" option on their training page. When prompted for a code, use **learn**. You will receive an automated e-mail confirming your enrollment, as well as the link and additional information for the training(s) you have selected.

Other States

TFI/MNS staff members should enroll through the agency learning management system. Foster/adoptive parents, relative/kinship providers, and other child welfare professionals located outside of Kansas should enroll through EventBrite at <https://mnstraining.eventbrite.com>. Once you have selected the class(es) you want, enter **TFI** as the promotional code at checkout. You will receive an automated e-mail confirming your enrollment. A separate e-mail will be sent from the trainer with your login information approximately 24 hours prior to the start time.

****Cameras are required during all virtual trainings.****

If you do not receive the link to your class by the morning of the training, or you have any questions or concerns, please e-mail our Training Department at KSPTStaff@tfifamily.org.

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LIVE WEBINAR TRAININGS

ACE (Adverse Childhood Experiences)

Participants will learn about the ACE study and the examined long-term impacts of various childhood traumatic experiences. This study found long term mental and physical consequences related to 2 or more adverse experiences. They will also learn more about the ACE study and how to help children navigate trauma in a proactive and healing way.

- *October 17, 2024* *11:30am-1:00pm* *Trainer: Renee Lilley* *CA # 12834*

Aggressive Behaviors: Understanding and Managing

This training will help the audience to understand aggressive behaviors and anger in children; understand underlying issues that can cause aggressive behaviors; help the audience to recognize the aggression process in a child and identify ways to work with the child through that process; provide crisis intervention/management, parenting strategies, and techniques to help with aggressive children, as well as, all other children; and provide information on different forms of discipline and its role in teaching children to become self-disciplined and make healthy choices.

- *November 21, 2024* *11:30am-1:00pm* *Trainer: Renee Lilley* *CA # 12878*

Attachment, Separation, Grief, and Loss

This training will identify the challenges of facing attachment, separation, grief, and loss due to the transitional nature of caring for foster children; examine the different attachment styles; assist foster parents in cultivating their abilities to be thoughtful and responsive to their foster child's needs; and identify coping skills and strategies for foster parents and children as they progress toward the formation of more healthy and secure attachments. Participants will also explore the 5 stages of grief, with examples of how they may be expressed in the foster care system; will gain knowledge in preventative measures; and will identify coping skills and resilience factors to manage grief and loss.

- *November 7, 2024* *1:00pm-2:30pm* *Trainer: Kayla Patton* *CA # 12857*

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Caring For Teens

This training will help you as a parent understand your teenager's experiences and needs so that you can respond with practical strategies that foster healthy development. These strategies include approaches that acknowledge trauma and loss, support effective communication, promote a teens' independence, and address behavior and mental health concerns. Participants will also learn six key steps to prepare for taking in teenagers.

- *October 4, 2024* *9:00am-10:00am* *Trainer: Kayla Patton* *CA # 12818*

Compassion Fatigue and Secondary Stress

Participants will learn to recognize the difference between burn out, compassion fatigue and secondary traumatic stress.

- *October 17, 2024* *1:30pm-3:00pm* *Trainer: Kayla Patton* *CA # 12824*

Creating Discipline and Appropriate Behaviors

Participants will gain strategies of how to use effective discipline and ways to build a relationship with a child during times of tantrums. Discuss how, why, and importance of setting appropriate boundaries.

- *October 30, 2024* *1:30pm-3:00pm* *Trainer: Kayla Patton* *CA # 12847*

Crisis Intervention and Verbal De-Escalation

Participants will recognize the effects of stress and learn to identify causes, impact and behaviors of a crisis situation. Learners will acquire knowledge about the importance of reducing re-traumatization during a crisis, while obtaining strategies for safely defusing violent behavior. A four-step process to crisis intervention will be taught. Finally, participants will have the opportunity to learn key steps to debriefing after a crisis.

- *October 8, 2024* *11:00am-12:00pm* *Trainer: Kayla Patton* *CA # 12823*
- *December 11, 2024* *11:30am-1:30pm* *Trainer: Renee Lilley* *CA # 12899*



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Domestic Violence And Child Development

Participants will leave this training with a clear understanding of domestic violence; what constitutes domestic violence, statistics concerning victims of domestic violence, and the cycle of domestic violence. Participants will also be provided with information concerning the impact of domestic violence on children and child development, including the possibility of children exposed to domestic violence growing to become perpetrators and victims of domestic violence in adulthood.

- *October 8, 2024* *7:00pm-8:00pm* *Trainer: Kayla Patton* *CA # 12821*
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Domestic Violence In Teen Dating

Participants will be able to define dating, learn various risk factors of domestic violence in teen dating, identify types of violence teens encounter through dating, gain understanding of the long-term effects of violence on teens, and acquire prevention strategies to reduce domestic violence in teen dating.

- *November 5, 2024* *9:30am-10:30am* *Trainer: Kayla Patton* *CA # 12851*
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Education In Foster Care (KS Only)

Participants will be educated on navigating the Kansas education system as they serve foster care youth in Kansas. Participants will learn about the roles that the Education Specialist, case teams, biological parents, and foster parents play in supporting our foster care youths' education. Participants will additionally learn about the Educational Advocate, Special Education, and Early Childhood Intervention processes.

- *November 5, 2024* *7:00pm-8:00pm* *Trainer: Kayla Patton* *CA # 12854*
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Food Insecurities In Children

Participants will be able to define food insecurity, define and identify food insecurity behaviors in children, learn contributing factors that lead to food insecurity, and learn interventions and strategies to reduce food insecurity behaviors.

- *November 7, 2024* *10:00am-11:00am* *Trainer: Kayla Patton* *CA # 12858*
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Identifying Learning Strengths In Children

Participants will understand the 3 main types of learning styles (visual, auditory, and kinesthetic), and acquire strategies to use with each type of strength to make learning easier.

- *November 14, 2024* *2:00pm-3:00pm* *Trainer: Kayla Patton* *CA # 12866*

Improving Foster Placement Stability

Participants will be able to define disruption and learn factors that contribute to disruptions in foster care. Participants will gain an understanding in why disruptions occur and be able to recognize the stages of disruption. Finally, participants will learn ways to prevent disruptions and strategies to improve placement stability.

- *October 3, 2024* *9:00am-10:00am* *Trainer: Kayla Patton* *CA # 12816*
- *December 18, 2024* *1:00pm-2:00pm* *Trainer: Kayla Patton* *CA # 12906*

Internet Safety

Participants will learn tips to help keep children and families safe while using social media. Different types of media usage will be discussed as well as how to talk to older children and teens about safe practices. Different types of resources and tools are given to help caregivers safeguard against the dangers of the internet.

- *November 13, 2024* *12:00pm-1:00pm* *Trainer: Renee Lilley* *CA # 12865*
- *December 16, 2024* *1:00pm-2:00pm* *Trainer: Kayla Patton* *CA # 12910*

LGBTQ Youth In Care

This training gives participants the opportunity to gain understanding into the importance of working effectively with LGBTQ youth and to build knowledge in the basic facts about the LGBTQ youth and the issues they face. Participants will be able to identify best practices to utilize in congregate care and foster care to support LGBTQ youth.

- *October 23, 2024* *12:30pm-2:00pm* *Trainer: Renee Lilley* *CA # 12841*



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MAPP Foundations Refresher – A Partnership Experience

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 2 (A Partnership Experience). Participants will gain a deeper understanding of the reason that children come into care, their feelings and behaviors associated with their feelings, assessment skills, and understanding the impact trauma has on child development.

- *October 1, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12812*
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MAPP Foundations Refresher – Endings and Beginnings

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 10 (Endings and Beginnings). Participants will gain a deeper understanding of managing allegations, how to provide ongoing support, how to assess impact, and plan for the future.

- *December 19, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12908*
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MAPP Foundations Refresher – Gains and Losses – Fostering Toward Permanence

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 8 (Gains and Losses – Fostering Toward Permanence). Participants will gain a deeper understanding of the foster parent's role in visitations, how to support shared parenting, helping children go home, how to help transition out of care, and stages of disruption/dissolution.

- *December 17, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12905*
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MAPP Foundations Refresher – Identity, Connections, and Shared Parenting

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 7 (Identity, Connections, and Shared Parenting). Participants will gain a deeper understanding of the importance of cultural, racial, and ethnic heritage, and ways foster/adoptive parents can maintain connections to their families of origin.

- *December 10, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12897*
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MAPP Foundations Refresher – Losses and Gains – Building Resilience

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 4 (Losses and Gains – Building Resilience). Participants will gain a deeper understanding of how losses in their lives can affect how they care for kids in their home, how they can turn losses into gains, learn how to help children with their losses, and how trauma affects loss.

- *November 5, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12852*

MAPP Foundations Refresher – Partnering To Build and Maintain Attachments

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 5 (Partnering To Build and Maintain Attachments). Participants will gain a deeper understanding of skills to help children build and maintain attachments.

- *November 12, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12864*

MAPP Foundations Refresher – Understanding The Needs Behind Behavior

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 6 (Understanding The Needs Behind Behavior). Participants will gain a deeper understanding of how to help children communicate effectively, the pattern of response, and the difference between discipline and punishment.

- *November 19, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12873*

MAPP Foundations Refresher – Trauma and Brain Science

This training is for currently licensed foster parents or staff currently teaching MAPP Foundations. This training will revisit the ideas and concepts in MAPP Foundations, meeting 3 (Trauma and Brain Science). Participants will gain a deeper understanding of children and trauma, how to building resiliency, and building stability by teaching behavior and coping skills.

- *October 15, 2024* *11:00am-1:00pm* *Trainer: Renee Lilley* *CA # 12832*

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Mental Health Basics

Participants will be able to identify stigma and/or assumptions about mental illness diagnoses; define and understand basic mental health diagnoses and symptoms and common treatments; and learn how to apply strategies and coping skills to manage behavior and symptoms.

- *December 6, 2024* *1:00pm-2:30pm* *Trainer: Kayla Patton* *CA # 12889*
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Partnering For A Successful Court Process (KS only)

This training will teach foster parents what to expect during the court process while in foster care.

- *December 3, 2024* *6:00pm-7:00pm* *Trainer: Kayla Patton* *CA # 12887*
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Preparing Children In Foster Care For Independent Living

This training will provide participants with information about supporting foster children as they prepare to age out of the foster care system. Participants will be provided with the knowledge they need to understand the child's transition plan and how to effectively support them in completing tasks outlined in the plan. Participants will also gain knowledge about supportive resources to help children successfully transition from foster care to adulthood.

- *November 21, 2024* *1:00pm-2:30pm* *Trainer: Renee Lilley* *CA # 12877*
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Preventing of Peer-To-Peer Abuse

Participants will learn the essentials of preventing peer-to-peer abuse, how, when and where peer-to-peer abuse occurs, gain understanding on how adults contribute to the risks, which behavioral warning signs to watch for, how to distinguish between sexual curiosity and sexual abuse and acquire skills on how to detect and prevent peer-to-peer abuse and the importance of educating youth, staff, caregivers and volunteers on the scope of the sexual abuse problem and how to detect and prevent peer-to-peer abuse.

- *December 19, 2024* *1:00pm-2:30pm* *Trainer: Kayla Patton* *CA # 12909*
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PTSD In Children and Teens

Participants will be able to define PTSD as it pertains to children and teens. Additionally, participants will gain understanding into the events that lead to PTSD in children and be able to identify the signs and symptoms of this diagnosis. Risk factors and protective factors that may influence a child's likelihood of experiencing PTSD will be identified. Participants will be able to recognize the various ways PTSD can affect children and teens and acquire skills in responding to a child's PTSD reaction. Finally, participants will learn ways to treat and prevent PTSD in children.

- *December 6, 2024* *9:00am-10:00am* *Trainer: Kayla Patton* *CA # 12893*

Regulating Emotions

This training teaches parents how to regulate their emotions while also finding ways to help those in their care deal with their feelings and emotions when times get tough. Strategies include 6 ways to boost emotional regulation skills and ways to identify the different types of expressive anger in children and youth. Looking at what's behind the anger while modeling appropriate reaction to behaviors will be the focus of this training.

- *December 12, 2024* *2:00pm-3:00pm* *Trainer: Kayla Patton* *CA # 12901*

Safe Sleep For Caregivers

The goal of safe sleep training is to prepare parents, foster parents, and caregivers about safe infant sleep practices and reducing Sudden Infant Death Syndrome (SIDS).

- *October 29, 2024* *11:30am-12:30pm* *Trainer: Renee Lilley* *CA # 12846*

Self-Care For Foster Parents

The goal of this training is to provide foster parents with important information regarding the importance of self-care. The training will provide foster parents with information on the problems that can arise from not caring for themselves. Foster parents will be provided with definitions and signs and symptoms for the conditions of stress, burnout, and secondary traumatic stress. Foster parents will be able to understand the need to watch for signs within themselves and how to develop a stress management plan, as well as other ways to combat stress, burnout, and secondary traumatic stress.

- *October 21, 2024* *6:00pm-7:00pm* *Trainer: Renee Lilley* *CA # 12838*



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Substance Abuse In Adults

This training will provide participants with information about substance abuse. Participants will be provided with the knowledge needed to understand substance abuse, recognize the signs of use, understand the addiction, treatment and recovery processes, and be provided with useful tips for assisting in making healthy choices and working through substance abuse problems.

- *October 23, 2024* *1:00pm-2:30pm* *Trainer: Kayla Patton* *CA # 12842*
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Suicide Prevention and Intervention

This training will help participants distinguish between self-harming behaviors and suicide. Youth protective factors and risk factors will be examined and discussion will focus on identifying and operationalizing prevention/intervention strategies for youth at risk.

- *November 20, 2024* *2:00pm-3:00pm* *Trainer: Kayla Patton* *CA # 12743*
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TRAINER BIOGRAPHIES

Kayla Patton is a Training Specialist in Area 4 out of the Independence, KS office for TFI Family Services. Kayla holds a B.S. in Social Work with a minor in Gender, Women, and Sexualities Studies. She is additionally a Licensed Social Worker. Kayla has 7 years of experience working for Child Welfare including experience in Reintegration Case Management, Foster Care Homes, Kinship, and Recruitment. Kayla also has 2 years of experience in Mental Health, and is a CPR/First Aid instructor, as well as a MAPP/DT certified instructor.

Renee Lilly is a Training Specialist in Area 8 out of the Wichita, KS office for TFI Family Services. Renee holds a B.S. in Psychology with an emphasis in Child Development from Wichita State University. Renee has 15 years of expertise training in Child Welfare and Child Development. She has experience as a Foster Care worker and has worked in Parent Education, Kinship care, and Child Care Resource and Referral. She is also a certified MAPP/DT instructor and certified Safe Sleep instructor through the KIDS Network.

Libby Hayden is the Administrative Training Specialist for all TFI programs and is based out of Overland Park. She has over 35 years working in child welfare and mental health services. Libby is best known for her experience in recruiting and developing foster families. She is a Certified MAPP and Deciding Together Leader who has helped numerous foster/adoptive families make an informed decision about parenting children who have experienced trauma. In her current role as training specialist, Libby has created and delivered training around best practice for workers. She brings energy and passion to all the topics she teaches. When she is not teaching, you will find her mentoring peers, helping others in the agency or co-leading the TQI Quality and Innovation group.

Kyleen Condon is a Permanency Supervisor at TFI Family Services who is dedicated to empowering social workers and foster parents with the knowledge and skills necessary to make a positive impact with the children and families they serve. With a career spanning over 10 years in social work practice, Kyleen brings a wealth of practical experience and insight to her trainings. Kyleen is a licensed social worker who holds a Master's Degree in Clinical Social Work from Fort Hays State University with extensive experience in Kansas child welfare case management practices, special education, clinical practice, and serving victims of human trafficking. Her teaching style is characterized by a blend of theoretical knowledge, life experience, and practical application, preparing workers and caregivers to navigate complex social issues with empathy and professionalism. Kyleen believes in creating a supportive and inclusive learning environment where training participants are encouraged to have active engagement and dialogue. Beyond her professional commitments, Kyleen can be found playing competitive women's softball, enjoying the outdoors, and coaching her kids' sports teams.